

# Shaklee



## BABY YOURSELF

by Laura Evans



Ladies, I have a great tip for you. I recently ordered the Shaklee Baby Oil and started using it as my **after shower oil**. The lavender and vanilla notes smell fantastic and it has a luxurious feel. It does not have the familiar baby oil smell or feel. In the past I have used everything from Neutrogena to high end products to coconut oil, and I must say this is the BEST! You will love your silky, sweet smelling skin! Laura

Corrie B: Ditto! I'm using it daily on my growing baby-bump. Super soft and soothing! Shaklee is the only brand I trust to put on my skin.

Susan S.A.: And it's great how you don't even have to wash it off your hands. They feel nice, not oily. It's wonderful. Thanks for the tip!

Kristina Y.: It has some wonderful essential oils in it that are quite good for women's health.



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## Inflammation

is the root of many health issues

Dr. Carston Smidt reviewed the results of a study he conducted to test the anti-inflammatory qualities of VIVIX after consuming the 910 calorie junk food breakfast from Burger King (sausage, fried potatoes croissant, eggs). Dr. Smidt knew that such a meal causes "massive inflammation" in the body.

**Inflammation is a major contributor that leads to Heart Disease, Diabetes, Obesity, and Cancer.**

After eating this meal, one group received VIVIX and the other group received a placebo.

Results: 3 hours after eating, those who took VIVIX had NO INCREASE in inflammation -- in fact their inflammation was reduced! The placebo group who did not take VIVIX saw a dramatic increase in inflammation. VIVIX turned on all of the cell's mechanisms for protection against inflammation.



### Bad Bacteria

The same results were seen in the tests done to determine if VIVIX had the power to decrease the bad bacteria caused by such a meal. This bad bacteria is also called "endotoxins". With VIVIX, the bad bacteria decreased. Without VIVIX, the bad bacteria increased dramatically.

### Muscular Energy

VIVIX ingredients have also been proven to increase mitochondrial energy or muscular energy, at the cellular level. The mitochondria in each cell produce ATP (Energy in the cells that powers our muscles). As we age this ATP production declines. VIVIX turns on energy metabolism which increases ATP at the cellular level.



## INHERENT ESSENTIAL TREMORS

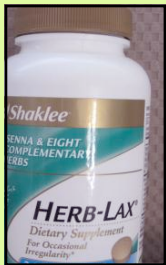
I am 72 years old and have had essential tremors

since my early 30's. The shaking and tremors became so bad that I had to quit my job as a lab technician in 1989. In high school I could type 60 words a minute; for the past 15 years in order to type, I had to hold my right index finger with my left hand and type one key at a time. At times, the tremors were so pronounced that I had difficulty eating and drinking, but I made a really good "tossed salad." I have faithfully used Shaklee supplements since November of 1998 and



added the Vitalizer when it was introduced. I also take CoQHeart twice daily along with B-Complex. While these supplements impacted other areas of my health, they never really helped my tremors. Then Vivix was introduced and everything changed!

In a week and a half, I noticed the tremors/shaking lessened. After THREE WEEKS on VIVIX, my tremors/shaking were minimal! I have to learn to use my hands again—I have to learn to type again with all my fingers! I was hoping a change would occur in two to three months on VIVIX, but NEVER expected these results in three weeks. Anne C.



## Herb Lax to the Rescue

*This week my son was in and out of the hospital with severe abdominal cramps. They did*

*ultra sound, blood tests, X-ray and the only thing they found was a lot of stool, they recommended an enema.*

*Long story short... over the course of 3 days my poor 15 year old had 2 enemas, 2 suppositories, 3 days of stool softeners, 1 over the counter laxative with – NO results.*

*Last night I said to him, "just try my pills and see what happens". He was desperate and agreed even though prior to this week he wasn't able to swallow a pill.*

*He woke up after taking them last night and nothing! I was in a panic and told him we are heading back to emergency. We were getting ready to get in the car and boom, his stomach starts gurgling, he makes a run and what do you know.... SUCCESS! Vicki S.*



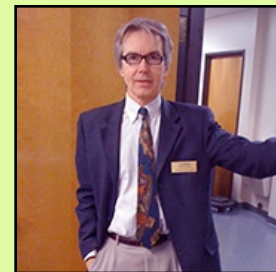
## Magical Combination

*Calming Complex is probably one of the most undersold, magnificent products in Shaklee! I've had*

*notoriously dry skin all my life and now at 71, thanks to Shaklee's Calming Complex combined with C +E, people younger than me want to know my secret.*

*I've recommended these Enfuselle products from Shaklee for people with eczema, jungle fungus from Korea, people using medication that was drying out their skin -- all got the same amazing results as I did.*

*The only good thing I can say about dry skin is I did not have the worries of Acne, but dry skin causes cells to flatten down and not accept moisture which causes more rapid aging of the skin. However, thanks to these great products, my skin is aging very gracefully and less than my friends with more normal skin types. Vivian P*



## My Home Saved

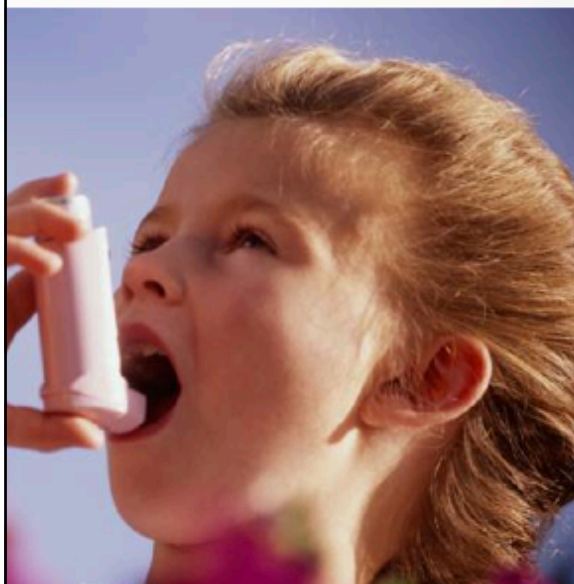
*When a friend contacted Larry Cleveland*

*(Senior Director, TX) about Shaklee in August 2009, he was ready to listen. He was behind on his mortgage and running out of options. But Larry started sharing Shaklee and after a year his income was enough to help him catch up on his mortgage payments.*

*Shaklee has done more for me than just help save my home. Shaklee products have had an incredible impact on me and my family. At 57, I enjoy more energy and vitality than ever -- even beating people half my age in tennis -- and I'm also helping my mother live a healthier life. More than that, I'm helping people who were in the same desperate situation I was in. One of my Directors had separated from her husband and had virtually nothing. I showed her the business and after considering it, came to me and said she wanted to start. With the support of my upline, she was able to keep her house, her kids, and is living a stable life now.*

GET CLEAN™

did you know . . .



**FACT:** Some 20 million Americans have asthma

**FACT:** An average of one out of every 13 school-aged children has asthma

**FACT:** Asthma rates in children under age five have increased more than 160% from 1980-1994

**FACT:** Common household cleaners and appliances give off fumes, which can potentially increase the risk of children developing asthma

## Best all purpose product on the Planet!

*Shaklee Basic H2 Organic Super Cleaner*

*We use this product for all cleaning needs. Kitchen spray, glass cleaner, hard surface furniture, washing our cars and much more. It is simply the best all purpose product available. We wouldn't be without it. LJR*

## Works Great !

*Since having a baby I've become more conscious about the chemicals in my home. I've been switching to "green" cleaning products and came across Shaklee on a blog post.*

*I was skeptical that one tiny drop mixed with water in a 16oz bottle would clean glass, BUT IT DOES.*

*I love that this product has no smell and that I can use it anywhere. I feel safe cleaning with it while my 10 month old plays nearby. I only wish I had discovered this sooner. Love it. The fact that it's super cost effective makes it a no-brainer.*

*Carrie*

## The CULPRITS lurking in your home ...



**Chlorine Bleach** is the chemical most frequently involved in household poisonings in the U.S.

**Degreasers** may contain petroleum distillates, which can damage lung tissues and dissolve fatty tissue around nerve cells

**Glass Cleaners** may contain ammonia. Ammonia fumes can irritate the skin, eyes, and respiratory system

**Oven Cleaners** can be one of the most dangerous cleaning products, which can cause severe damage to eyes, skin, mouth, and throat

**Toilet Bowl Cleaners** can be extremely dangerous cleaning products, which can be harmful just by breathing the fumes—and fatal if swallowed

## Why Shaklee?

*Over a 58 year heritage*

*Over \$250 million invested in R&D*

*Over 83,000 annual quality control tests*

*Over 90 published clinical studies*

*1st biodegradable non-toxic cleaner -- Basic H*

## Who Uses Shaklee Get Clean Products?

*White House*

*Pentagon*

*National Zoo*

*NASA*

*Jacques Cousteau Society*

*First Official Earth Day Product -- Basic H*

Susan K. and her son, Riley, suffered from allergies for many years. Their symptoms were most severe during spring and fall allergy seasons, but as time went on, they needed to be on the medications all year long. Riley's symptoms were the most severe. He had constant

# Allergies



**sinus congestion, red itchy**

**swollen eyes and nose**, and he felt

miserable. Even after 2 ½ years of allergy shots, he still required Zyrtec and Nasonex nasal spray. They helped

symptoms so they were manageable, but he never felt allergy-free.

Susan was introduced to the Shaklee products that help strengthen the immune system. Within 6 to 8 weeks, Susan was so much improved that she was able to stop her allergy medication completely.

Riley, whose condition was more severe, took 3 to 4 months before symptoms subsided and he was able to eliminate the medications. Both Susan and Riley were able to reduce the number of supplement tablets as their immune systems got stronger. Today during allergy season, if symptoms return, Susan and Riley simply increase their vitamin levels and add Shaklee Premium Garlic and Alfalfa.



Susan and Riley, 16 years old, began with:

Optiflora Probiotic Capsule (because 70% of the immune system is in the gut)

Vita Lea Multi

Vita C Sustained Release -- 2 to 4 a day

Nutriferon (4 herbal extracts that help the body produce a key component of the immune system (interferon) naturally -- 2 to 4 a day

I started the **Joint** Health Complex this winter on a 5 day trial as nothing was really working for my knee and hip arthritis pain. I couldn't believe it when I started feeling better on day 2. By day 5 my pain was nearly gone. In two short weeks, I noticed my knees and hips were more mobile and by 1 month, I had full range of motion in all joints and no pain at all. This is a little miracle in a bottle! I wouldn't dream of being without it.

At my annual medical checkup a few months ago, I learned my cholesterol was up to 280. Because I had such great results with the Advanced Joint Health Complex, I had absolute faith that CHOLESTEROL REDUCTION COMPLEX would do just as Shaklee promised, as well. 2 months after starting, my cholesterol had dropped 40 points and my good cholesterol (HDL) was up 20 points. Thanks again, Shaklee, I know I can always count on your products to improve my health. Lee Ann B.

Shaklee Distributor:

I am  
realistic.  
I expect  
miracles.

Wayne Dyer